

Action and Reflection Items for First-Year Students

Know the Tools & the Rules

Action: Master OSU's online resources! Practice using all of the online resources listed in the tools and rules box on Page 2 of the First Year Advising Syllabus. Identify any that are confusing and make note of them for your next meeting with your advisor.

Action: On page 2 of your First Year Advising Syllabus, you'll see several campus resources listed – [Academic Success Center](#), [Career Development Center](#), [The Collaborative Learning Center](#), [the Math Learning Center](#), [The Writing Center](#), [Educational Opportunities Program](#), [Diversity & Cultural Engagement](#), and [Disability Access Services](#). Visit three of campus support offices listed and find out more about how they can support your academic success. If you are finding that specific academic concerns are surfacing for you, write them down so you can discuss them with your advisor.

Reflection: At the end of each term in your first year, rate your overall comfort level with accessing and using OSU resources:

I got this!

I understand most of it, but I'm still confused by

I'm confused by most it and could use help from my advisor.