During your academic advising appointments you and your advisor will make course plans for the upcoming term(s), discuss opportunities, and resources relevant to your goals, track your progress toward graduation, and check-in about academic performance or concerns.

Meet our academic advisors for your area of study ...

Maureen Leong-Kee
Head Advisor

Gina Cavanaugh

Devon Graham

Allison Hagihara

Susan Peterson

Angela Philmus

Zev Valancy

COH Peer Advisors

Talk to us

Advisors in the COH Office of Student Success are available Mon - Friday, 8 a.m.–5 p.m.

Women’s Building Rm 105
541-737-8900

Schedule an appointment at https://health.oregonstate.edu/advising/appointment

Our vision ...

Lifelong health and well-being for every person, family and community in Oregon and beyond

Quick question?
Call or email a peer!

Peer advisors can help you ...

- Schedule appointments
- Get involved in clubs and volunteer experiences
- Understand college and university rules and regulations
- Work through course and registration issues
- Review your resume and/or cover letter
- Find information on internships, MyDegrees, Scheduler and study abroad

- Email them at phhs-peer@oregonstate.edu
- or call 541-737-8900
- or find a peer in our office in Women’s Building Room 105.
## Term At-A-Glance

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
<th>Week 5</th>
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<td>Make appointment with advisor</td>
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### FULL WITHDRAWAL FROM THE TERM

- **Refund**
  - 100% by Sunday, 1st full week of the term
  - 50% by Sunday of Week 3
  - No refund through Week 7

- **FULL WITHDRAWAL FROM THE TERM**
  - Deadline: 5 p.m. Friday, Week 10

**Note:** This chart is for guidance only. Please see the Registration Handbook for specific dates.

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### Get involved!

- American College of Healthcare Administrators
- Children's Adaptive Resources for Social Mobility (CARS)
- Global Health Club
- HDFS Student Club
- Healthy Aging Club
- Nutrition and Dietetics Club
- Pre-Therapy and Allied Health Club (PTAH)
- Student Public Health Association
- Society of Healthcare Executives (SHE)
- Undergraduate Student Council
- Pre Nursing Club
- CPHHS Peer Advisors
- KidSpirit
- IMPACT

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### Majors

- Human Development and Family Sciences
- Kinesiology
- Nutrition
- Public Health

### Minors

- Environmental and Occupational Health
- Exercise Physiology
- Global Environmental Health (Ecampus)
- Health Management and Policy
- Nutrition
- Public Health

### Certificate

- Gerontology