

College of Public Health and Human Sciences

PLAN FOR FIRST-YEAR SUCCESS

Did you know that we are one of only two colleges at OSU that assigns an academic advisor to every student? Your advisor will meet with you each term to guide you as you navigate college and work to reach your educational and career goals.

Meet our academic advisors for your area of study ...



Erin Heim
Head Advisor



Carey Hilbert
Associate Head Advisor
Pre-med, Allied health
professions



Zev Valancy



Ruth Sterner



Gina Cavanaugh



Caleb Maddox

During your academic advising appointments you and your advisor will make course plans for the upcoming term(s), discuss opportunities, and resources relevant to your goals, track your progress toward graduation, and check-in about academic performance or concerns.

Talk to us

Advisors in the CPHHS Office of Student Success are available Mon - Friday, 8 a.m.-5 p.m.

Women's Building Rm 105
541-737-8900

Schedule an appointment at health.oregonstate.edu/advisors

Our vision ...

Lifelong health and well-being for every person, family and community in Oregon and beyond

Quick question?

Call or email a peer!

Peer advisors can help you ...

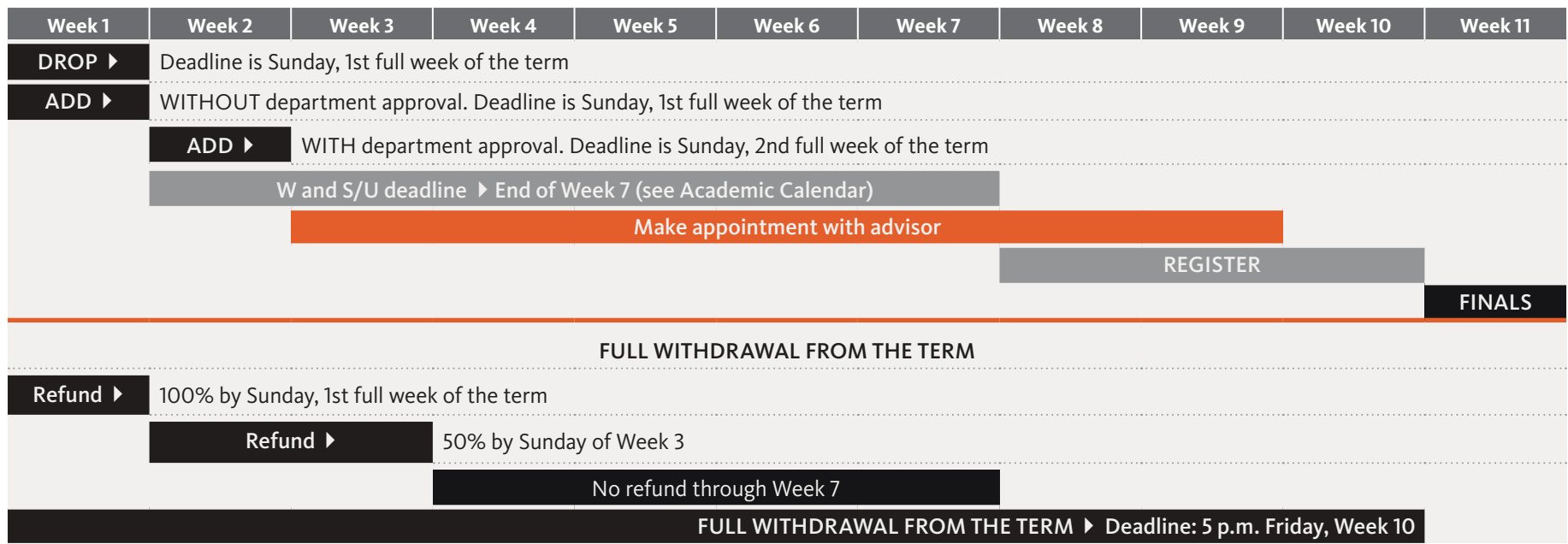
- Schedule appointments
- Get involved in clubs and volunteer experiences
- Understand college and university rules and regulations
- Work through course and registration issues
- Review your resume and/or cover letter
- Find information on internships, MyDegrees, Scheduler and study abroad

- Email them at phhs.peer@oregonstate.edu
- or call 541-737-8900
- or find a peer in our office in Women's Building Room 105.

Your assigned advisor is: _____



Term At-A-Glance



Note: This chart is for guidance only. Please see the Registration Handbook for specific dates.

Get involved!

- American College of Healthcare Administrators
- Children's Adaptive Resources for Social Mobility (CARS)
- Global Health Club
- HDFHS Student Club
- Healthy Aging Club
- Nutrition and Dietetics Club
- Pre-Therapy and Allied Health Club (PTAH)
- Student Public Health Association
- Society of Healthcare Executives (SHE)
- Undergraduate Student Council
- Pre Nursing Club
- CPHHS Peer Advisors
- KidSpirit
- IMPACT

Majors

Human Development and Family Sciences
Kinesiology
Nutrition
Public Health

Minors

Environmental and Occupational Health
Exercise Physiology
Global Environmental Health (Ecampus)
Health Management and Policy
Nutrition
Public Health

Certificate

Gerontology