



FIRST-YEAR ADVISING SYLLABUS

ACADEMIC ADVISING: SETTING YOU UP FOR SUCCESS FROM DAY ONE

Your academic advisor is both an interpreter of the university environment and a facilitator to your experiences here that relate to your undergraduate degree. Above all, your advisor is invested in you having a rewarding learning experience. Be open and honest with your advisor and trust that they can help guide your decision making.

Oregon State has designated learning through advising as a signature area in your overall First-Year Experience. Your academic advisor plays a particularly important role in your first year simply because you will encounter so much about Oregon State that is new to you. That's why you need to have a face-to-face meeting with them at least once a term during your first year. After that, the frequency for meeting with an advisor is determined by your major.

COLLEGE/MAJOR SPECIFIC ADVISOR CONTACT INFORMATION

Name: _____

Hours: _____

Office location: _____

URL: _____

Phone: _____

Other: _____



Oregon State
University



WELCOME TO OREGON STATE UNIVERSITY

LET'S GET STARTED.

YOU'RE STARTING AN EXPERIENCE THAT YOU GET TO SHAPE. ONE THAT WILL IMPACT YOUR FUTURE.

College is much more than just getting a degree. It's about preparing you to succeed in your life and make a positive difference — at work, at home, in your community and beyond.

To help you accomplish those goals, Oregon State provides a framework of four experiences and requirements for you to pursue in your first year. These student learning outcomes set the stage for a meaningful and successful undergraduate experience.

THE FOUNDATION OF YOUR FIRST YEAR: THE BACCALAUREATE CORE

The Baccalaureate Core is Oregon State's general education requirement that all undergraduates, regardless of major, complete as part of their degree program. It offers a wide variety of subjects and choices to help develop critical thinking, communication and problem-solving skills — all of which will complement the subject expertise you'll gain in your major classes. The first-year skills requirement includes three Bacc Core categories you must complete by the time you've earned 45 credits at Oregon State, and they will help you develop skills you will need for year two and beyond.

- Writing I: English Composition (WR 121)
- Speech*: Public Speaking (COMM 111), Argument and Critical Discourse (COMM 114), Communicating Online (COMM 211) or Interpersonal Communication (COMM 218)
- Mathematics*: Introduction to Contemporary Mathematics (MTH 105) or higher

*Some majors will specify which class you should take to meet the requirements of this category.

KNOW THE TOOLS — AND THE RULES

Online resources

- Oregon State email: your primary university communication resource.
- MyOSU portal: a gateway into most Oregon State online resources as well as other online information that relates to your undergraduate experience.
- Canvas: the virtual extension of your classroom where your instructor may post information relevant to that class.
- MyDegrees: Oregon State's online degree audit system where you can track your degree progress, plan for your coursework in subsequent terms and explore degree requirements for the university's various academic options.
- Scheduler: helps you create and select a schedule of classes. Connects to Oregon State's registration system.
- The OSU Catalog and Schedule of Classes: the official catalog houses information about colleges, schools and departments, as well as a schedule of classes for current and upcoming terms.
- The Learning Corner: a website created by the Academic Success Center that provides tips and strategies to help you maximize your learning and success.

Campus Resources (partial list) include the Academic Success Center, the Career Development Center, the Mole Hole, the Undergrad Research & Writing Studio, the Educational Opportunities Program, TRiO, cultural resource centers, the Valley Library and Disability Access Services.

Academic regulations include rules that govern how you earn a degree at Oregon State, along with the rules governing academic integrity and community standards. These are available online and in the registration information handbook.

Expanding YOUR MIND BEYOND THE CLASSROOM

ASK US ABOUT EXPERIENTIAL LEARNING

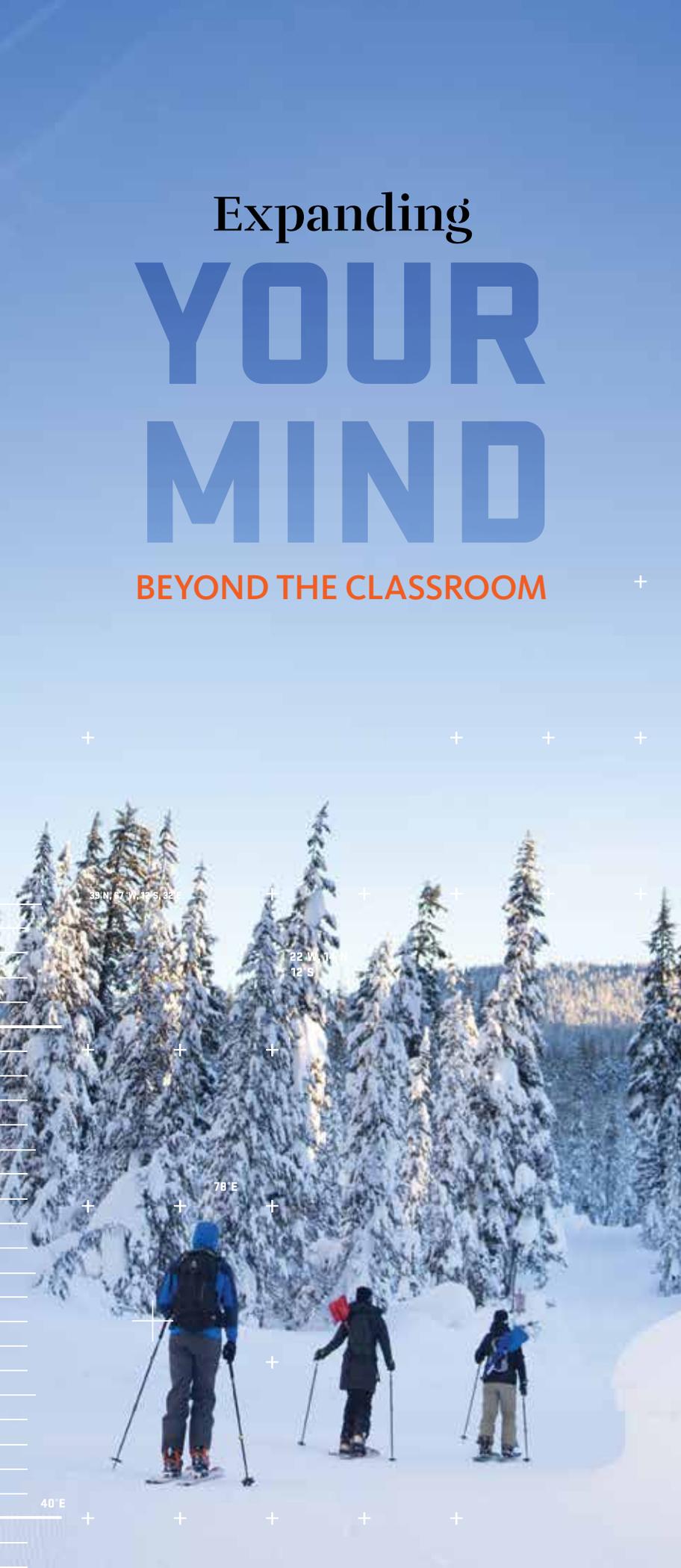
Oregon State offers a broad range of opportunities, including:

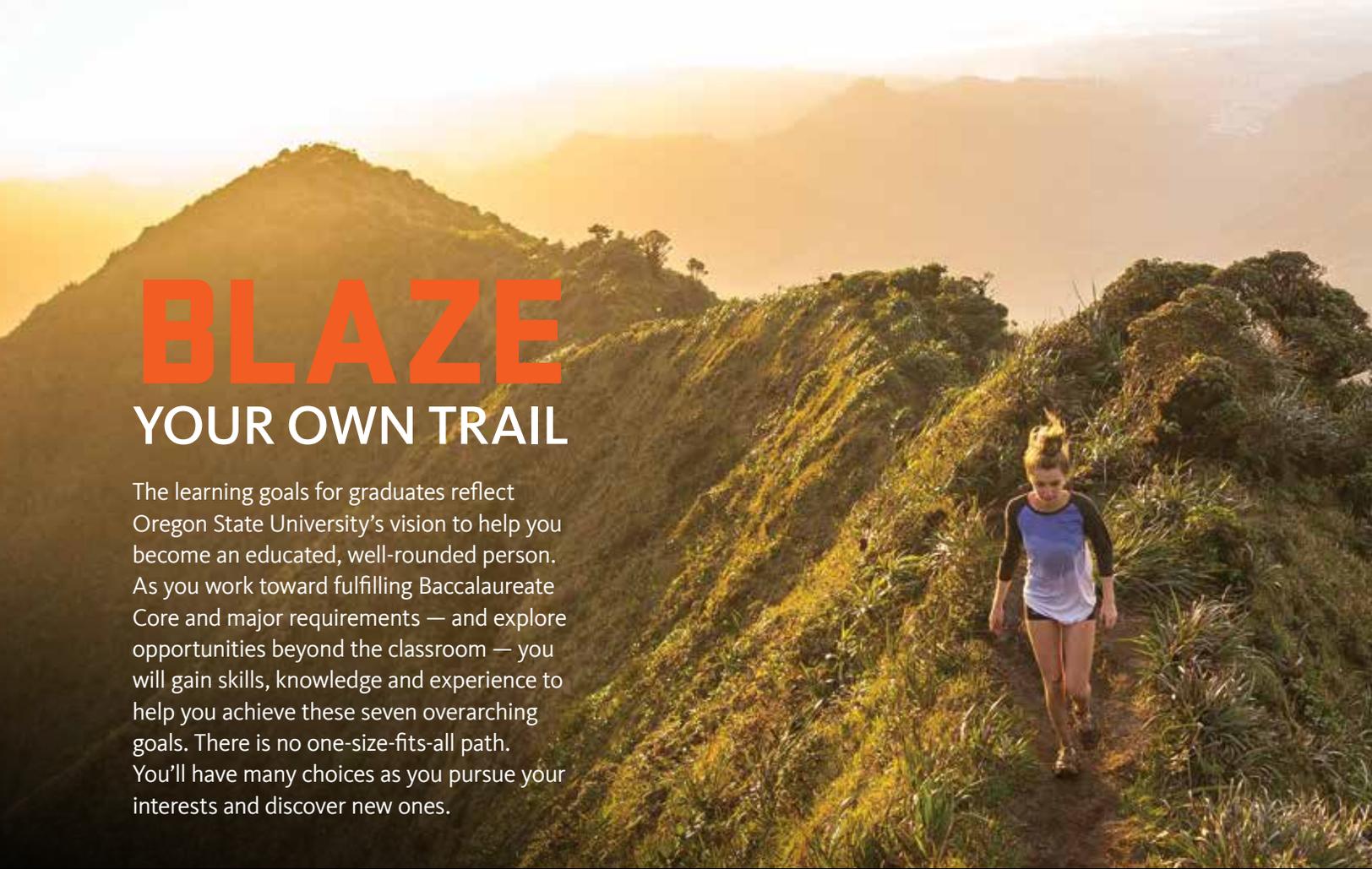
- Research: work in a lab, collaborate with faculty on a project or experiment or pursue a research project of your own.
- Study Abroad: live in another country and take classes that count toward your Oregon State degree.
- Internships: gain real-world work experience in a field that relates to your academic or career interests.
- Involvement: explore campus clubs and organizations.
- Leadership: seek out leadership opportunities in student government, the residence halls, student clubs, Greek Life or other organizations.
- Community Service: volunteer for a community or nonprofit organization.

DARE TO EXPLORE

Remember to keep yourself open to different experiences and opportunities. Even if you are certain that you've chosen the right major, make sure you take the time this year to consider the various academic options Oregon State has to offer. And take the time to reflect on what your academic experiences inside and outside of the classroom mean to you. The first step to effective exploration is to know yourself. Consider how your interests, values and skills fit with the opportunities you have at Oregon State.

While exploring new experiences at Oregon State University, consider your future career plans. The **Career Development Center** provides tools to help you through the career planning process. This includes Handshake — a platform connecting you to a wide variety of resources — experiential learning opportunities and full- and part-time internships or employment.



A woman with blonde hair tied back, wearing a blue and white long-sleeved shirt and shorts, is hiking on a dirt trail. The trail is surrounded by tall grasses and shrubs. In the background, there are rolling hills and mountains under a warm, golden sunset sky. The word "BLAZE" is written in large, bold, orange letters, and "YOUR OWN TRAIL" is written in white letters below it.

BLAZE

YOUR OWN TRAIL

The learning goals for graduates reflect Oregon State University's vision to help you become an educated, well-rounded person. As you work toward fulfilling Baccalaureate Core and major requirements — and explore opportunities beyond the classroom — you will gain skills, knowledge and experience to help you achieve these seven overarching goals. There is no one-size-fits-all path. You'll have many choices as you pursue your interests and discover new ones.

1. **Competence and knowledge in multiple fields**

In addition to the in-depth knowledge you'll gain in your major, you'll also develop a broad base of knowledge across the arts, sciences and humanities. Both will provide insights you can apply throughout your career and life.

2. **Critical thinking**

Education is about learning how to think. That means being curious, gathering facts, solving problems and making informed decisions.

3. **Pluralism and cultural legacies**

You'll learn more about others and see yourself in the context of an increasingly diverse population.

4. **Collaboration**

You'll learn how to collaborate, contribute, share responsibility and work with others toward a common goal.

5. **Social responsibility and sustainability**

You'll learn how we're all interconnected and what it means to be socially responsible. When you know, you care. And when you care, you act.

6. **Communication**

You'll learn how to develop and present your own ideas and just as importantly, listen to and embrace the ideas of others.

7. **Self-awareness and lifelong learning**

Self-awareness — recognizing your values, strengths and challenges — prepares you to grow and gain knowledge throughout your life.